



**W**elcome to the fifth edition of the Patient Newsletter. Each month we hope to include a short item by a member of the Patient Reference Group. This month's article was written by Mrs. Noeline Rycroft.

*Mrs Rycroft writes:*

*"I read an article recently that indicated a surprisingly high percentage of the National population decline the offer to participate in regular NHS health screening tests? I was truly amazed at the statistics, especially when we are fortunate to be living in an era of such great medical advances which have vastly improved our chances of recovery with the odds even better with early diagnosis.*

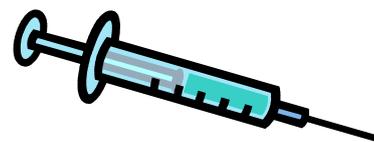
*In these penny-minding times our NHS and our local team here in Mundesley do their best to try to ensure we are given the best of care. So, if offered the chance to be screened, then I will take it – can I afford the risk not to?"*

Practice Manager's comment:

Many thanks to Mrs Rycroft for her complimentary article. We offer many screenings ourselves here at Mundesley Medical Centre including dementia, cervical, diabetic, respiratory, depression, alcohol, NHS health checks (40 to 74 year olds) and new patient checks. The National Screening Service provides screenings on our behalf including breast screening and bowel screenings. Please contact the Reception Team for more information regarding screenings.

### Influenza Vaccine - Do I Need to Book?

Every year a few patients ask if they can just turn up for a flu vaccination. The simple answer is "No". We hope the following information will help you to understand why booking is essential.



There are 5400 patients registered at the Mundesley Medical Centre. This year we invited around 2800 of them for flu vaccinations. Of these, we expect around 2100 patients will come along for their flu jab.

We run several clinics spread out over approximately 2 months. Vaccine has to be ordered in advance and is delivered in batches. We therefore need to know how much vaccine we need for each session and how many nursing and reception staff will be required. Once we have all this information we decide on the clinic dates. We normally have 4 of our nursing team administering the vaccinations and we book 4 patients every 5 minutes. To avoid a queue building up it is important that patients attend at the correct time, bearing in mind that there may be difficulty in finding a car parking space.

So we ask you to book into a clinic as this will help us to ensure that the vaccination process runs smoothly for the benefit of everyone.

### Patient Survey

Our Patient Survey is available online now until Christmas. We welcome your feedback so please go to [www.mundesleymedical.co.uk](http://www.mundesleymedical.co.uk) and click on the link for the Patient Survey. If you do not have access to the internet, please ask at Reception for a paper copy. The questions have been agreed with the Patient Reference Group and they will review the results in the new year.



### Embroidered Picture

For many years a pretty embroidered picture of an angel has been displayed in our waiting room. However, since the refurbishment, we no longer require the picture and would like to return it to the artist (or their family). Unfortunately, we have no record of the artist's name.. Please contact reception if you know who made this picture.

## Records About Your Health

In a few weeks the NHS will begin an exercise to gather together all the information it holds from the places where you receive health care. The following extract from the relevant NHS leaflet explains why this is necessary and how you can prevent your information being shared. Please note that this is in addition to Summary Care Records (SCR) and eDSM (electronics data sharing model).

*“Information about you and the care you receive is shared, in a secure system, by healthcare staff to support your treatment and care.*

*It is important that we, the NHS, can use this information to plan and improve services for all patients. We would like to link information from all the different places where you receive care, such as your GP, hospital and community service, to help us provide a full picture. This will allow us to compare the care you received in one area against the care you received in another, so we can see what has worked best.*

*Information such as your postcode and NHS number, but not your name, will be used to link your records in a secure system, so your identity is protected. Information which does not reveal your identity can then be used by others, such as researchers and those planning health services, to make sure we provide the best care possible for everyone.”*

More information is available from NHS Choices ([www.nhs.uk](http://www.nhs.uk)) in the section; The NHS in England, The NHS, The NHS Number, About health records.



## Did you know?

If you move house, but remain within approximately 10 miles of Mundesley, you do not need to change to a different practice as we are now able to provide care over a larger area.



## 25th Anniversary Celebration

Outside the wind was howling, the rain lashing down but inside Mundesley Medical Centre the Doctors, staff and invited guests were thoroughly enjoying sharing the celebration of the 25th Anniversary of the building.

Dr Harris-Hall told guests of the changes over the years and the recent alterations and improvements were much admired. The updates have made a great difference to patients and staff alike.

A splendid buffet had been organised by the staff and the celebration cake was an art in itself. What a lovely evening and a chance for us all to show our appreciation for the dedication of the Doctors and staff who care for us all so well.

Doctors and staff, past and present were invited and much catching up produced a loud hum of conversation. A great time was had by all.

*Mrs Kathleen Warnes  
Patient Reference Group Member*

## Christmas Opening Hours

Tuesday 24<sup>th</sup> Dec 8am - 6pm

Wednesday 25<sup>th</sup> & Thursday 26<sup>th</sup> December  
**CLOSED**

Friday 27<sup>th</sup> December  
Open 8am – 6pm

Monday 30<sup>th</sup> & Tuesday 31<sup>st</sup> December  
Open 8am – 6pm

Wednesday 1<sup>st</sup> January  
**CLOSED**

Thursday 2<sup>nd</sup> & Friday 3<sup>rd</sup> January  
Open 8am – 6pm

## ORDERING REPEAT PRESCRIPTIONS OVER THE CHRISTMAS/NEW YEAR PERIOD

Medication requested on	Collection date
Fri 20th Dec	Tues 24th Dec
Mon 23rd Dec	Fri 27th Dec
Tues 24th Dec	Mon 30th Dec
Fri 27th Dec	Tues 31st Dec
Mon 30th Dec	Thurs 2nd Jan
Tues 31st Dec	Fri 3rd Jan
Thurs 2nd Jan	Mon 6th Jan

