

Information and support for people with dementia in North Norfolk

Alzheimer's Society – Tel: 01603 763556 (9am-5pm)

The Norfolk Dementia, Advice and Support Service. This is a good starting point and can put you in touch with other agencies including the local dementia cafés in your area. www.alzheimers.org.uk

Age UK Tel: 01603 787111 (10am – 4pm) www.ageuk.org.uk/norfolk

General advice about staying well, advises about driving in later life, welfare, benefits and Money Matters. Age UK runs local dementia cafés in some areas.

Admiral Nurse Direct (Dementia UK): 0800 888 6678 www.dementiauk.org

National Helpline offers practical advice and information

Central Norfolk Admiral Nursing Service

Support for those caring for someone with a diagnosis or suspected diagnosis of dementia with complex and multiple needs. GP referral only.

British Red Cross – Norfolk Head Office

Coronation Road Norwich NR6 5HD Tel: 01603 426 361

- Equipment Loans – available from sites across Norfolk
- Home from Hospital (Settling in service) - arranged as needed by hospital team

Carers Matter Norfolk – Carers Helpline: 0800 083 1148 – will put you in touch

with local services and support, carers wellbeing assessments, short breaks and guidance on carers rights and benefits. Also visit: Norfolk County Council

www.norfolk.gov.uk/care-support-and-health/looking-after-someone/support-for-carers

District Councils – Local Councils offer practical advice and financial help with housing, home repairs, adaptations and improvements. Also Handy person schemes and Trusted Traders

- **Broadland District Council** **Tel: 01603 431133**
- **North Norfolk District Council** **Tel: 01263 513811**

Handyperson Schemes:

<https://www.carechoices.co.uk/handyperson-schemes-in-norfolk>

Local Hospices & Support – Offer support for people with life limiting illnesses including dementia. Hospices serving North Norfolk are:-

- Priscilla Bacon Lodge – Norwich Tel: 01603 255720
- Norfolk Hospice, Tapping House, Hillingdon Tel: 01485 601700

Norfolk County Council – Tel: 0344 800 8020 - Monday to Friday 9am - 5pm

Information on all County Council services including social care and support, emergency duty team and Swifts.

- Driving - [GOLD](#) (Guidance for Older Drivers)
- The Norfolk website including the Norfolk Directory - www.norfolk.gov.uk
- Norfolk “where I live” website. <http://www.whereilive.norfolk.gov.uk/>

N-ABLE – Norfolk Personal technology solutions and Telecare equipment
Contact through Norfolk County Council 0344 800 8020

Herbert Protocol

Scheme which compiles useful information to be kept at home which could be used in the event of a vulnerable person going missing:

<https://www.norfolk.police.uk/advice/personal-safety/missing-people>

Dying Matters / Be Ready for It! – Useful online resource of helpful information, lists and reminders to help you plan and share your end of life wishes. No phone number.

<http://www.dyingmatters.org/>

More detailed information with additional resources and contact details can be found on the North Norfolk CCG website in the “Your Health” section.