

Waste Medicines

Please do not put them in the bin

Our practice provides a disposal service of waste medicines, sharps (injections) and other devices.

If you have any unused, unwanted, out of date or over the counter medicine or products, please ensure they are returned either to your local GP surgery or pharmacy for safe disposal.



We do not accept hazardous waste

Dispensing Review on the Use of Medicine

If you are a dispensing patient and having problems understanding what your medicines are, why you are taking them or having trouble getting into the packaging than please book an appointment with one of our dispensary team for an informal chat so we can review your needs for safety and compliance.



Managed repeat

Do you forget to order your medication?

Why not pass the ordering responsibility onto us to do this for you?

If you take regular medication, which you order once every month for collection from the surgery, than we can process your medication for collection every 28 days and provide you with your next collection date.



Enquire at the dispensary desk for more Information

Online Ordering Service

We provide an online ordering service for all patients who have access to the internet.



This allows the ordering of prescriptions online with ease along with providing regularly updated information on other services including the booking of routine appointments.

For further information please enquire at the surgery to register your details and pick up your unique username and password.

Delivery Service



This is a service for medication only

We offer a free voluntary delivery service to all dispensing patients within the practice boundary.

Mondays and Thursdays:

Bacton, Knapton, Edingthorpe, Ridlington, Happisburgh, Swafield, North Walsham, Walcott, Paston and Witton

Tuesdays and Fridays:

Antingham, Sidestand, Bradfield, Southrepps, Gimingham, Trunch, Northrepps, Thorpe Market, Overstrand and Trimmingham

Electronic Prescription Service

Did you know you can nominate yourself at any pharmacy who is electronic prescription live?



This means wherever in the country you may be, your medication can be dispensed by a pharmacy of your choosing.

We can not send controlled medication via this service

Help save your



Over the counter medicines and self care

Think NHS before asking your GP to prescribe over the counter products

The local Clinical Commissioning Groups do not support the prescribing of medication that are available to buy over the counter from local pharmacies and supermarkets for children and adults with common illness or minor ailments that can be treated at home.

Many products can now be purchased reasonably cheaply.

It is advised that patients keep a small supply of simple treatments in their own medicines cabinet to manage minor conditions at home.

By not ordering these items on prescription means that money can be put into areas within the NHS that need it most.

If you go to a pharmacy to purchase products a clinical pharmacist may refuse to sell you treatment and refer you back to your GP for further clinical advice.

The NHS belongs to everybody and the Clinical Commissioning Groups must ensure that their resources are used in the best possible way for all patients.

About the practice and our aim

We provide dispensing services to approximately 2,700 patients every month which is around half of the practice population.

We dispense around 6,500 items on average each month which is around 200 items a day.

Our aim is to provide a friendly, efficient service to all of our dispensing patients.

As a dispensary GP practice, we can provide dispensing services to all patients that are not in a 1.6km radius from a dispensing pharmacy.

What area does our dispensary cover?



Gimingham, Trimmingham, Northrepps, Southrepps, Sidestrand, Antingham, Thorpe Market, Knapton, Paston, Bacton, Walcott, Happisburgh, Swafield, Ridlington, Bradfield, Overstrand, Edingthorpe, Witton and Trunch.

We also cover some of Mundesley and North Walsham

If you live in one of the above villages and are more than 1.6km from a pharmacy and not signed up for dispensing services within the practice, please make enquiries at the dispensary desk

Exemptions—Are you



eligible?



Do you have more than 1 medication per month and pay for your prescriptions?

Please enquire at the dispensary desk about how to purchase a pre-payment certificate to help with prescription costs.

Do you have a long term medical condition?

Please enquire at the dispensary desk to see if you are eligible for free NHS prescriptions.

Did you know that giving false information about exemptions when you have either not applied or are not eligible will result in a fine of up to £100?

Our details



Address:

Mundesley Medical Centre

Munhaven Close

Mundesley

Norfolk

NR11 8AR

Website: mundesleymedical.co.uk

Email: mundesley.medicalcentre@nhs.net

Telephone: 01263 724500

Fax: 01263 724508

Welcome to Mundesley Medical Centre Dispensary



Please meet our team

Karen Temple—Dispensary Manager

Jess Wharton—Dispenser and Deliveries

Natalie Brooks—Dispenser and Deliveries

Carrie Wones—Dispenser

Chloe Yarham—Dispenser

Lynsey Wayte—Relief Dispenser

Ian Mee—Deliveries

How to get hold of us

Dispensary enquiries only
(main switchboard) —01263 724500

24 hour repeat prescription request
answerphone line—01263 724506

Website— www.mundesleymedical.co.uk
for ordering online services